



FORMULARIO #

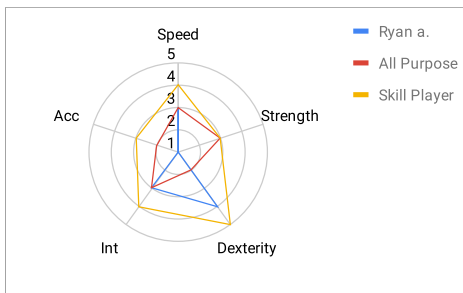
566



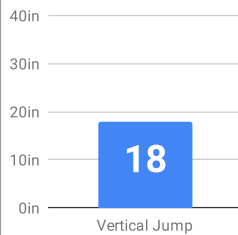
DATE	1/16/2023	NAME	Ryan De Gracia	AGE	19	IDENTITY	8-995-365
DATE OF BIRTH	4/25/2003	WT	190 lbs	HEIGHT	5' 4"	BLOOD TYPE	O+
INSTAGRAM:		CEL	+507 69746416	EMAIL:	ryanandresdg@gmail.com		
DIRECCION:							
WORK							
EXPERIENCE	Varsity				YRS OF EXPERIENCE	14	
TEAMS				POSITION	RB		

TECHNICAL STATS

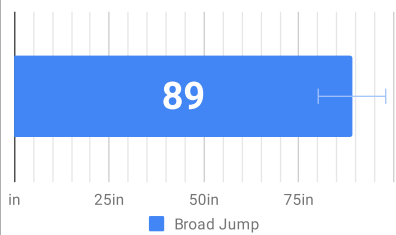
TIME REPS DISTANCE	10 YDS (SECONDS) 2 ROUNDS	20 YDS (SECONDS) 2 ROUNDS	40 YDS (SECONDS) 2 ROUNDS	BROAD JUMP (INCHES) 2 ROUNDS	5-10-5 SHUTTLE RUN (SECONDS) 2 ROUNDS	3-CONE DRILL (SECONDS) 2 ROUNDS	BENCHPRESS (REPS) 2 ROUNDS	VERTICAL JUMP INCHES 2 ROUNDS
1st Round	1.85	--	5.09	89"	5.54	8.10	--	18"
2nd Round	1.84	--	5.08	88"	4.70	7.80	--	18"
RESULTS	1.84s	--	5.08s	89"	4.70s	7.80s	--	18"



Best Vertical Jump (in)



Best Broad Jump (inches)



POSITION HIGHLIGHTS

NOTE! THESE ARE SITUATIONAL SKILLS

QB/WR/TE	RB	LB/DB	OL/DL
<input type="checkbox"/> Field Knowledge / Route Run	<input type="checkbox"/> Offtackle Reaction	<input type="checkbox"/> Backpedal/Shuffle/Sprint & Catch	<input type="checkbox"/> Mirror
<input type="checkbox"/> 3 step drop / 5yds Throw	<input type="checkbox"/> Sweep & Zigzag	<input type="checkbox"/> Backpedal/Sprint & Go	<input type="checkbox"/> Drive Block / Read & React
<input type="checkbox"/> 5 step drop / Post - Fade	<input type="checkbox"/> Block & Catch	<input type="checkbox"/> Block & React	<input type="checkbox"/> Power step / Rip & Swing
<input type="checkbox"/> 7 step drop / Go Route			

I am responsible for any accident that occurs to me during the INTERNATIONAL 2023 COMBINE and I release the organizers of the event, its sponsors and the American Football Association of Panama from any responsibility.